

Press Note
06.09.2019

Rashtriya Poshan Maah (1st - 30th September, 2019) was celebrated at Police Hospital, Sec.26, Chandigarh on 05.09.2019. This initiative was taken by Dr. Pushpinder Mangat, SMO, I/C Police Hospital-26, Chandigarh. It was presided over by Mrs. Arpana Baniwal, President, Chandigarh Police Family Welfare Society, UT., Chandigarh and attended by Sh. Shashank Anand, IPS, SSP/Security & Traffic, UT., Chandigarh. Interactive lectures were delivered on the topics of Anaemia and Pregnancy by Dr. Kavita Chavan, M.O. (Gynecologist), Diarrhea control by Dr. Brij Lal, M.O., Diet and Nutrition by Dietician from GMCH-32, Chandigarh and Poshtik Aahar by Dr. Amandeep Dholewal, M.O. (Ayurveda) Hand Wash Demonstration was also conducted.

An informative and entertaining Poem Recitation and Fancy Dress competition was performed by children of Govt. Model High School, Sector-26, Chandigarh on nutritional diet.

Hemoglobin of 49 patients was checked out of which 24 were found to be anemic.

The camp was attended by all Medical Officers, Para Medical Staff, Recruits from RTC, School students and approximately 80 police personnel and their families. Momentos were presented by Mrs. Arpana Baniwal, President, Chandigarh Police Family Welfare Society, UT., Chandigarh to all the doctors who delivered the lectures and prizes were also given to best answers among audience. Nutritional food packets were distributed to all the people who attended the camp.

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Police Hospital Sector 26, Chandigarh