

Press Note
06.06.2014

Anti human trafficking unit of Chandigarh police under the supervision of Smt. Kamla Meena DSP/W&CSU has organized self defence training for the girls/women of Chandigarh at multipurpose hall, sec-26, Chandigarh in different batches of 15 days each. This is an initiative of Sh. R.P Upadhyay IPS IGP/UT/Chandigarh, to make the girls/women self dependent so that they can save themselves in case of any untoward incidents.



The training of first batch was inaugurated by Sh. Sukhchain Singh Gill IPS SSP/UT on dt. 22.5.14 and has been completed on 5.6.14. During the 15 days the girls/women were imparted training on different techniques of defending themselves. They also gave various demos on eve teasing, chain snatching, & Knife protection, front fall, body hold & Neck hold. The girls/women and their parents appreciated the initiative and requested to do such more programme in future. The training of 2nd batch has started on 6.6.14. The closing of 1st batch and opening of 2nd batch was held today i.e. on 6.6.14 at Multipurpose hall, sec-26 , Chandigarh. Sh. R.P Upadhyay IPS IGP/UT/Chandigarh was the chief guest of the function. Sh. R.P Upadhyay IPS IGP/UT/Chandigarh distributed Certificates to the participants and also address the gathering. Sh. Sukhchain Singh Gill IPS, SSP/UT, Chandigarh. Sh. Munish Choudhary IPS, SSP/ Traffic & HQ, Sh. Parvinder Singh IPS, ASP/City Chandigarh and DSPs of Chandigarh police were also present in the function. Vote of thanks were given by Smt. Kamal Meena DSP/W&CSU.

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