## PRESS RELEASE

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The Women and Child Support Unit of Chandigarh Police has started conducting one week Self-Defence training program for girls in different schools of Chandigarh Administration from May, 2017. During this week total 545 girl students of Govt. Model Sr. Sec. School, Sector-18, Govt. Model Sr. Sec. School, Sector-19, Govt. Model Sr. Sec. School, Sector-20-D, Govt Model Sr. Sec. School, Sector-20-B, Chandigarh and Govt. Model Sr. Sec. School, Sector-23-A, Chandigarh has been trained about the self defence techniques. The girl students have been taught how to protect themselves and to respond in any crisis situation in an appropriate way. The motive of the program is to build self-confidence to deal with any untoward incident and lead safer life. Self defence training will continue in future also.

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