Press Release 24.08.2013

- 1. Arrive Safe:-The Chandigarh Traffic Police in association with Arrive Safe NGO hold at St. Stephens School, Sector-45, Chandigarh, a Traffic Safety Paper Reading Competition in which large number of private and government school kids participated. Also a play on road safety was shown during this traffic safety function. Sh. R.P. Upadhyaya, IPS, IGP-UT Chandigarh was the Chief Guest of the function. SSP (HQ) Mr. Arun Kampani, IPS, SSP (Traffic & Security) Mr. Maneesh Chaudhry, IPS, Mr. Harman Sidhu, Chairman Arrive Safe NGO, Chief Traffic Marshal Wing Commander Grewal and many other eminent personalities attended the function. The objective was to generate awareness about road safety and save precious human lives.
- 2. Osteopathy Camp: Chandigarh Police arranged 2 days Osteopathy Camp on 24 & 25-08-2013 at Police Hospital, Sec-26, Police Lines, UT Chandigarh which was inaugurated by Sh. R.P. Upadhyaya IGP,-UT Chandigarh. Osteopathy is one of the modern medical practices based on Osteolagy. This camp is organized under the able leadership of Dr. Goverdhan Lal Prashar and his team. Dr. Goverdhan Lal in his address said "It is a system of healing without medicines or surgery, based on the assumption that nature has left nothing imperfect and unfinished in its best creation man. He has everything within him to ensure healthy life and its longevity. Human body is capable of treating disease and other toxic conditions. Osteopathy uses body massage and bone manipulation assuming that most of the diseases are caused by muscular of Skeleton related disorders. Backache, Lumbago, Cervical, Spordolysis, Slip-Disc and other pains of the spine and joints, so common with ageing in majority the cases can easily be treated by Osteopathy. Even serious complaints like chest-pain immediately diagnosed as cardiac problem is sometimes not confirmed by ECG and other laboratory tests and tuns out to be related to nerves of the neck. Similarly, many urological or kidney problems have symptoms which an Osteopath can immediately understand & treat."

- 3. Chandigarh Police Canteen: Chandigarh Police Canteen was inaugurated by Sh. R.P. Upadhyaya, IGP-UT Chandigarh in the presence of Sh. Arun Kampani, SSP-Hqrs, Sh. Manish Chaudahry, SSP-Traffic & Security and all DSPs, Inspectors and all ranks of Chandigarh Police. CPC is a facility to the force to buy daily use items, Electronic Items and all other items available in the market on concessional rates being purchased directly from the manufacturers. The opening of this Canteen has met long standing demand of the force.
- 4. Recreation Room: Chandigarh Police Recreation Room is setup in the Admn block of Police Lines which will recreate the force in their spare time and on reserve duty hours with Multi-Channel TV, educational charts, Table-Tennis and Carom Board games. Apart from this, daily Bilingual Newspapers will be available in this Room which will help the force to read and update their knowledge about the activities in the country and World.

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